



## Client History Form

### General Information:

Name of client: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

### Family Information:

Father's Name: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Parents are:  Married  Separated  Divorced  Never married

Names/ages of family members living inside the home:

Names/ages of family members living outside of the home:

### Family Health/Mental Health History:

Describe your relationship with the child:

Describe your child's relationship with his/her siblings:

What type of discipline do you use in the home with your child?

## Child's Developmental History:

How was your pregnancy with your child (i.e. easy, bedrest)? \_\_\_\_\_

\_\_\_\_\_

Birth of child: (i.e. full term, premature, complications) \_\_\_\_\_

\_\_\_\_\_

Did mother abuse alcohol or drugs during pregnancy? \_\_\_\_\_

Describe child's infancy years (i.e. fussy, calm): \_\_\_\_\_

\_\_\_\_\_

Were there any significant developmental delays during infancy? If so, please explain: \_\_\_\_\_

\_\_\_\_\_

Were there any significant developmental delays during toddlerhood? If so, please explain: \_\_\_\_\_

\_\_\_\_\_

Does your child have any developmental delays at their current age? If so, please explain: \_\_\_\_\_

\_\_\_\_\_

## Child's Medical History

Primary Care Physician: \_\_\_\_\_ Date of last exam: \_\_\_\_\_

Name of Primary Care Physician Clinic: \_\_\_\_\_

Would you like therapist to have contact with your child's PCP?: Yes \_\_\_ No \_\_\_ (If answer is YES, a release will need to be completed and therapist will send a brief note stating the child has started working with therapist on said date).

Does your child have any medical conditions? \_\_\_\_\_

\_\_\_\_\_

Does your child meet with a Psychiatrist or ARNP, separate from their PCP? Yes \_\_\_ No \_\_\_

If yes, please indicate name and clinic of Psychiatrist/ARNP: \_\_\_\_\_

Please list all medications your child is currently taking:

Name of Medication	Dosage

Has your child received therapy before? Yes \_\_\_ No \_\_\_ If yes, please briefly explain the issues that were worked on:

**Child's Education History:**

Current School: \_\_\_\_\_

Type of school: Public \_\_\_ Private \_\_\_ Homeschool \_\_\_ Other (specify) \_\_\_\_\_

Current Teacher: \_\_\_\_\_ Last grade completed: \_\_\_\_\_

Does your child meet with another teacher outside of the regular classroom? If yes, please answer below:

Program	Yes/No	Teacher
Special Education		
Gifted Program		
School Counselor		
Reading Program		
Behavioral Intervention		
Other:		

What does your child enjoy about school? \_\_\_\_\_

What does your child dislike about school? \_\_\_\_\_

Does your child have an: IEP \_\_\_ 504 Plan \_\_\_?

Has your child undergone psychological testing? YES \_\_\_ NO \_\_\_ If YES, are you willing to share the results:



**Reasons for seeking therapy for your child** (please thoroughly explain all that apply):

<b>Behavior:</b>	
<b>Attention Difficulties:</b> <i>Inattention and hyperactivity, inability to pay attention and complete schoolwork, chores, daily tasks.</i>	
<b>Anger:</b> <i>Anger outbursts, defiance, refusal to comply with rules.</i>	
<b>Anxiety:</b> <i>Difficulty separating from caregiver, panic, specific phobias, fear of doing things that are typical for his/her age.</i>	
<b>Conduct Issues:</b> <i>Lies, steals, runs away, non-compliance with rules/laws</i>	
<b>Depression:</b> <i>Frequent sadness, undesired to do activities they would normally enjoy, isolates self, appetite loss, sleeps often.</i>	
<b>Trauma:</b> <i>Physical and/or sexual abuse, witness domestic violence, exposure to an event</i>	

What stressors are going on with your child/family at this time? \_\_\_\_\_

\_\_\_\_\_

What goals do you have for your child in therapy? \_\_\_\_\_

\_\_\_\_\_

Please add any additional information you would like for me to know about your child/family:

\_\_\_\_\_

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*Thank you for taking the time to help me better understand your child and their therapy needs!*

